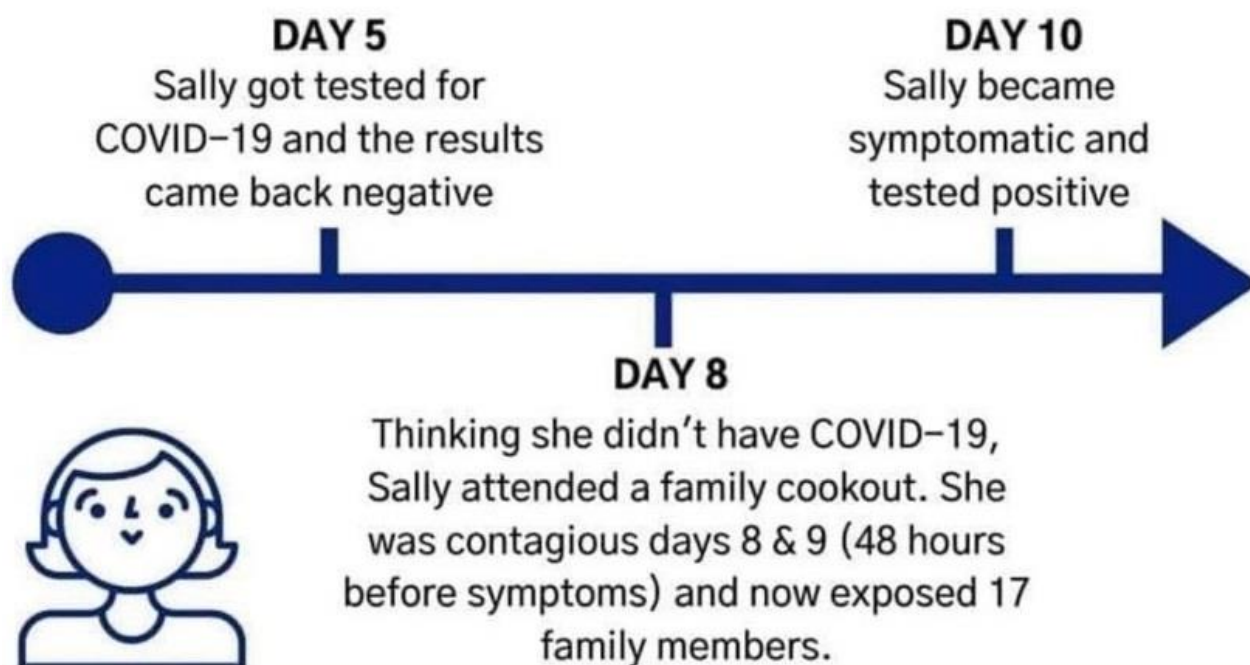


# Why is the COVID-19 quarantine period important?

COVID-19 has up to a 14 day incubation period

*Sally was exposed to COVID-19.*



It may take up to 14 days past exposure to develop symptoms. You may be infectious two days before symptoms develop. Quarantine helps slow the spread of COVID-19 in our community.

For questions or more information contact Public Health at:  
Hamilton 905-974-9848                      Halton 905-203-7963